

SENIOR ACTIVITY CENTERS + MEMORIES = PRICELESS BENEFITS

For A Senior

- Memories Emphasize Self Worth, Personal Pleasure and Values
- Memories Nourish Family Roots
- Memories Help Build Better Family Communications
- Personal History Can Help Share Important Values
- A Wonderful Exercise for the Mind
- Low Cost Activity with Visible Results
- Can Make Excellent Gifts for a Variety of Occasions

For Family Members

- Gain a Better Understanding of Their Parents or Grandparent
- Builds a Sense of Personal History
- Helps Communicate Despite Geographic and Busy Lives
- Indicates Seniors are Busy and Active

For Senior Activity Directors

- Low Cost, Sustainable, Valuable Activity
- Visible, Beneficial Activity to Family Members
- Manageable by Volunteers
- Media is all Tested and Customizable
- Requires No Physical Activity by Seniors
- Unusually Enthusiastic Participants



There Would Be No Future, If There Were No Memories!